PSYCH, SEX, AND SLEEP IN WORKERS' COMPENSATION

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BACKGROUND

1997 - 2005 permanent disability rated under the PDRS.

- No permanent disability for sex or sleep dysfunction
- Psych permanent disability limited with the requirement for 51% causation and good faith personnel action defense

2005 - PRESENT

Permanent disability based on *AMA Guides* and use of objective factors.

UNINTENDED CONSEQUENCES

The AMA Guides provided impairment/disability for sleep and sexual dysfunction.

SLEEP IMPAIRMENT

Chapter 13, Table 13-4

- ▶ Four classes, 1–90% permanent disability
 - -Class I 1-9%
 - Reduced daytime alertness, can perform most daily activities.
 - Class II 10–20%
 - Reduced daily alertness, interferes with some activities of daily living.

SEXUAL DYSFUNCTION (only male)

Chapter 13, Table 13–21

Three Classes

 1-20% (various arousal deficits to no sexual function)

PSYCH IMPAIRMENT

Based on global assessment of function (GAF):

- Must have a GAF of 69 or less for impairment.
- WPI of 15% or GAF of 60:
 - Moderate difficulty in social situations, few friends, conflicts with peers.

THEN WHAT?

PD increased with the new compensable consequences in psych, sleep, and sex. *Example*: low back with a DRE III (some radiculopathy) at 13%.

PD easily increased to:

- ▶ 10% for sleep
- ▶ 5% for sex,
- ▶ 15% for psych
- Total 43%

LITIGATION TIME AND COST INCREASED

Once P&S, the parties obtain a QME in the injured body part. With the addition of psych, sex, and sleep, possibly 2-3 more QMEs, plus an additional deposition.

THEN WHAT?

LC §4660.1(c)

(1) For injuries after 1/1/2013 there is no increase in impairment ratings for sleep dysfunction, sexual dysfunction, or psych disorder arising out of a compensable physical injury.

UNLESS:

- (2) Psych impairment not limited if:
 - (1) Victim of a violent act or significant exposure to a violent act.
 - (2) Catastrophic injury including but not limited to loss of limb, paralysis, severe burn, or severe head injury.

PROBLEM SOLVED:

Oh, but then there is case law defining:

- 1. Direct cause.
- 2. Violent act.
- 3. Catastrophic injury.

EMPLOYEE CAN GET TEMPORARY DISABILITY AND MEDICAL TREATMENT FOR PSYCH, SEX, AND SLEEP AS A COMPENSABLE CONSEQUENCE

- Hernandez v. Fremont Bank
 Can get psych QME for 2013 DOI
- Lopez v. General Wax
 TD provided due to compensable psych consequence

DIRECT CAUSE

Montenegro v. WCAB
 Prostate cancer causing sexual dysfunction

PSYCH SYMPTOMS AS A DIRECT CAUSE, NOT A COMPENSABLE CONSEQUENCE

Fall from tree

Madsen v. Cavaletto
Truck accident

VIOLENT ACT

Larsen v. Securitas
 Hit by car in parking lot
 Violent act defined as characterized by strong physical force (2016)

Allen v. Carmax

Car accident with expanded definition of violent act to include strong, or physical force or an act vehemently or passionately threatening (2017)

CATASTROPHIC INJURY

Guerrero v. Ramcast
Three fingers amputated when punch press operator lost balance