

## THE RESTLESS WORK FORCE

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### The workforce is restless

- Started July/Aug 2021
- Uptick in strikes
- More available jobs
- Gen Y and Z are leaving
- More rewarding work
- Flexibility
- Work home balance
- Now: Inflation driven



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According to BLS's Job Openings and Labor Turnover Survey (JOLTS), workers left their jobs at record rates in several industries throughout November 2021, resulting in a record-breaking 4.5 million resignations.

- The largest increase in resignations was recorded in the accommodation and food-services industry, with an increase of 159,000
- 2. The health care and socialassistance industry, which saw an increase of 52,000.
- 3. The third-largest effect was seen in the **transportation**, warehousing, and utilities industry, with an increase of 33,000.

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### #1 Reason: Burnout

- · Physical and mental exhaustion
- Lowered immunity, falling sick often
- Freq headaches, back pain, aches
- · Change in appetite, sleep habits
- Feeling impending dread w work
- Cynicism, anger and irritability
- · Feeling helpless or defeated
- Taking longer to get things done



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### Pair this with inflation...



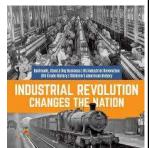
- Inflation is at 9.1% (June) and projected to go higher.
- With more jobs than workers, AND offering higher pay and more flexibility, the great reshuffle my continue longer.
- With inflation eating away at paychecks, workers may be jumping ship to secure a big enough raise to soften cost of living.
- The Great Resignation has not been about giving up on work: "It's about getting better opportunities."

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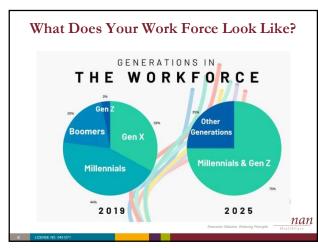
### Not Since the Industrial Revolution...

- · Workers hold power
- Employers need to rethink:
  - What's good for business AND employees?
  - Shifting job market
  - Talent Reshuffle (next 2 yrs)
  - Reevaluate employer/ employee relationship
  - How to retain talent



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# Did You Know? In 2022, it's estimated that we have more 31-year-olds than any other age in the US. Age 30 to 44 will be 56% of workforce in 2025. They won't resign from job market but will reshuffle and go to a different company. According to the US Census Bureau estimates \*\*Exercise Color Property Co





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### How Well Do You Know Your Workforce?

- Question: What type of coaching do you need?
  - Skills
  - Project
  - Career
  - None at all
- Question: What
- motivates you?

   Competition
  - Team goals
  - Internal, intrinsic goals
  - None at all

- Question: When do you prefer to have performance conversations?
  - Throughout the project
  - After it's done
  - Regular, set intervals
  - None at all
- Question: What type of reward do you need?
  - Gift
  - Raise/Praise
  - Title
  - None at all

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### Your Work Force

- Everyone's priorities are different.
- Employers should know what's important to each generation in their workforce
- What does your company culture, leadership, expectations say to prospective employees?
- What is your turnover rate?
- Employers are throwing their hands up
   If you have a heartbeat... you're hired



• It's about matching up what employers need and what employees need

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# Employee needs matter today

- ❖ There are more jobs than people
- ❖ With inflation, people need the money
- **❖** Burnout







ree morale culture and connection

The overarching trend? It's all about employee well-being.

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# Covid was a 'Game Changer'

### Let's look at

- Internal:
  - Knowing your workforce
    - -What they value
    - -How to retain them

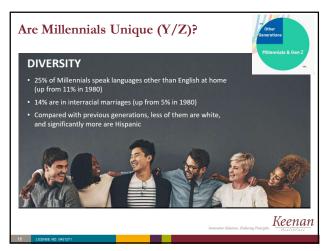


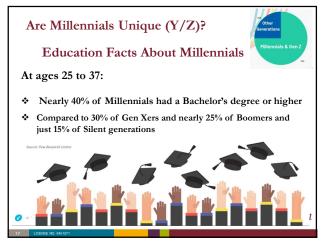
- External:
  - Shift in definition of work culture

Have we focused so strongly on the where and when of work that we have lost sight of the how and how much we are working?

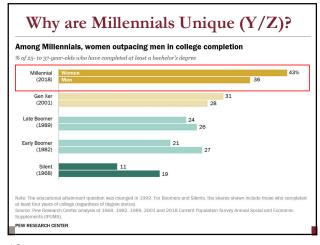


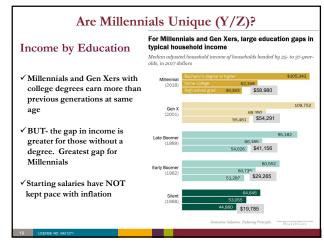
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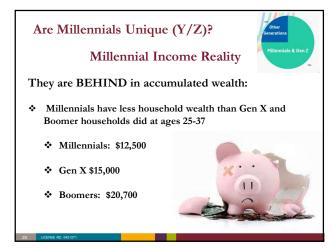




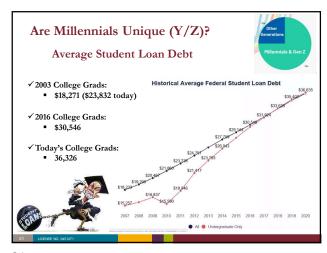
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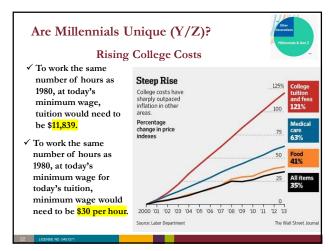






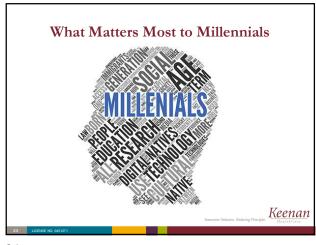
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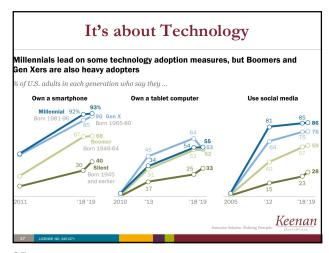
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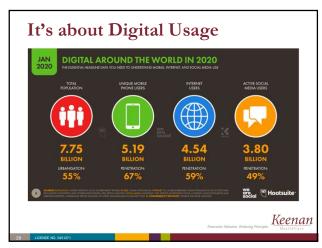




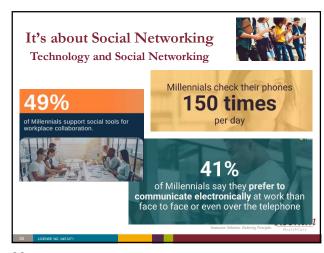
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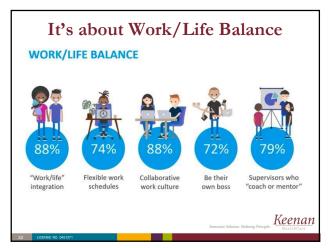




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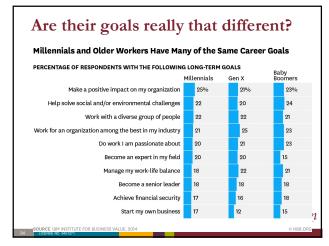






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# Success based on happiness rather than financial achievement 64% want to make the world a better place 86% want health over wealth 75% want to travel the world Note: The property of the pr





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# Teaming with Millennials

### 1. CHECK YOUR BAGGAGE

- $\checkmark$  Challenge Stereotypes, implicit biases
- ✓ See the individual, not the cohort
- ✓ Move past labels
- √ Find common ground
- ✓ Allow for different workstyles



### Teaming with Millennials



✓ ASSUME everyone has value✓ Look for shared values✓ Try for employee 'buy in'

✓ Be clear and transparent

✓ No hidden agenda

# 2. BE A BETTER COMMUNICATOR

- ✓ Set the phone down
- ✓ Actively listen
- ✓ Ask questions
- ✓ Take notes



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# Teaming with Millennials

### 3. TAKE ACTION!

- ✓ Do something
- ✓ Follow up (reminders)
- ✓ Your 'actions' show you care and develops trust
- ✓ Know what motivates
- ✓ Stay engaged



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# Teaming with Millennials

### 4. TRAINING!

- ✓ Take it seriously
- ✓ Be the coach your team needs
- ✓ Be Present day to day
- ✓ Provide prof growth
- ✓ Follow up often

### DIFFERENT LEARNING STYLES

- ✓ Make it mobile
- ✓ Make it real
- ✓ Storytelling
- ✓ Adult learning

eds		SERIOUSLY				
	THE MULTI-GENERATIONAL WORKFORCE					
		Communication Style				
	Baby Boomers	Verbal Personal Interactions				
	Gen X	Email & Text				
	Gen Y (Millennials)	Text & Social Media				
	Gen Z	Instant Message Face to Face Meetings				

4 TAKE TRAINING

# Teaming with Millennials

### 5. MATCH INCENTIVES TO MOTIVATIONS

- ✓ Ask employees
- ✓ I see you; I hear you; I value you
- ✓ Recognition
- ✓ Fair salary/compensation
- √ Flexibility
- ✓ Hybrid work
- ✓ Debt reduction match?
- ✓ 4-day work week?



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# Covid was a 'Game Changer'

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- External:
  - Shift in definition of work culture

Have we focused so strongly on the where and when of work that we have lost sight of the how and how much we are working?



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# Yes, but they are still burned out...

Despite gains with flexibility, accommodations, work from home, pay increases, other initiatives beyond that are gaining ground in popularity.



### **Work Culture Shifts:**

- ❖ The four-day work week
- \* Remote and hybrid working
- Unlimited paid time off, and
- \* Right to disconnect



Maybe not in my lifetime.

# History of the "Work Week"

Ford Motor Co. and Industrial Revolution created the current 5-day work week

- 1938 Fair Labor Standards Act: 44-hour workweek
- 1939: 42-hour workweek
- 1940: 40-hour workweek





Americans 1,767 hrs/week Canadians 1,664 hrs/week Germany 1,332 hrs/week UK works 26 hrs/week Spain works 30 hrs/week

Japan works 31 hrs/week

https://www.state.gov/the-organization-for-economic-co-operation-and-development-occd

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### In-the-News: Largest Pilot Program Launched For the next six months, thousands of

The world's biggest four-day work week pilot begins



- workers across the U.K. will be working 32 hours a week in the largest four-day workweek pilot the world has ever seen.
- Involves 3,300 workers spanning 70 companies, ranging from financial services providers to a fishand-chip restaurant.
- Workers receive 100% of their pay for working only 80% of their usual week, in exchange for promising to maintain 100% of their productivity.
- The program is being run by not-for-profit 4 Day Week Global, Autonomy, a think tank, and the 4 Day Week UK Campaign in partnership with researchers from Cambridge University, Oxford University and Boston

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# What is a 4-day workweek?



A 32-hour workweek with no loss in productivity, pay or benefits. Endless possibilities:

- Working Monday through Thursday
- · Employees choose extra day off
- · Company-wide policy of a different third day off

### Not:

- 4/10's
- · Compressed workweek
- Split shifts
- · Rotating shifts



PARMA Conference February 9, 2023

# Covid was a 'Game Changer' For the Restless Work Force - Internal: • Knowing your workforce - What they value - How to retain them - External: • Shift in definition of work culture Have we focused so strongly on the where and when of work that we have lost sight of the how and how much we are working? Keenan Keenan

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